

# Senior The Village Voice

Fall Newsletter, 2018

SaddleBrooke, AZ

Stephanie Thomas, Editor

## Dinner Delivered to Your Door

"This delivery is a big deal for me. The food's good and not expensive. It's a whole lot easier since my wife isn't able to cook due to her health. I'd have to cook for myself." Larry Zanatta, Senior Village Member

What a treat! Food to eat! Kitchen's neat! Yes, Village members are now looking forward to Monday afternoons when volunteers will deliver a hot cooked meal to their front door.

In July, the HOA1 restaurant initiated the "Good 2 Go" takeout menu and now offers two food options each week: roasted chicken, pork, beef brisket or meat loaf accompanied by two side dishes of your choice: mashed potatoes, coleslaw, Ranch beans, mac and cheese. One \$14 meal easily feeds two people with leftovers as a bonus.

If you live in HOA2, you will need to visit the HOA1 Admin office and request an HOA1 house account card so that you can be billed for the meals you order.

While other SaddleBrooke residents need to pick up meal orders at the Agave Lounge, Senior Village members need only place their orders by phone and then wait for a volunteer to arrive between 2:30-3:30 on Mondays.

Any Senior Village member is eligible to enjoy this service. Just phone 520-825-3048 Ext. 100 during office hours from Monday morning until 2:30 pm. on Friday. Place your order and then wait for your doorbell to ring the following Monday. Turn off the stove! Put away the pots and pans! Sit back and enjoy the ease of a home-delivered tasty dinner!



Village member Larry Zanatta eagerly receives his hot dinner delivered by volunteer Mardie Toney.

## Notes from the Village Board of Directors



As Senior Village at SaddleBrooke continues to thrive both in membership (493) and volunteers (160), our Board of Directors is undergoing a reorganization to keep pace with this growth and future challenges. Rather than focus on day-to-day administrative business, Directors are now working with other community organizations to expand our services. IMPACT of Southern Arizona has offered to partner with Senior Village to provide meals for Village members who are returning home after surgery rehab or a stay in the hospital (see article below).

Another important consideration for future planning centers around securing ongoing sources of income. We have managed to operate, so far, thanks to dedicated volunteers and thousands of hours of their committed time. It is becoming clear that, at some point in the near future, we will need to consider part time salaried help in management and technology.

We are proud of what Senior Village has achieved in three short years, and we will continue to work for you, our members, and all our neighbors in SaddleBrooke as you “age in place” in the comfort of your homes.

### Coming Home from the Hospital or Rehab?

#### Check Out Senior Village's New "Home Again" Program

One of the greatest challenges after a stay in the hospital or rehab facility is taking care of yourself when you return home. It can seem overwhelming to think about tending to all your needs: bathing, dressing, cooking, clean sheets, laundry. Senior Village recognizes the importance of easing your anxiety so you can heal faster and without such stress.

Nutrition is at the top of the list for your recovery which is why the Village Directors have been meeting with Barbara McClure, Executive Director of IMPACT of Southern Arizona. Through a partnered agreement, we created the “Home Again” program to provide free meal service on a temporary basis for our members who are returning home after surgery or rehab.

A Senior Village volunteer will bring a hot meal three days a week. At the same time, the volunteer will drop off three frozen meals for the non-delivery days. If you are scheduled for surgery or currently in rehab and are interested in having this service, phone the Village at 520-314-1042, and a volunteer will contact you to organize your meal delivery.



### Free Loan and Instruction of Audio Book Players

Give your eyes a rest. Sit back and listen to the narrator fuel your imagination. SaddleBrooke libraries have over 1,000 audio books and are ready to give Senior Village our second set of ten free audio book players. Any Village member may call 314-1042 to request a player and receive simple instructions from a volunteer on the use of the player.



## Two More Volunteers Join Our Staff

The Senior Village Board of Directors is pleased to announce that Silke Bender has accepted the position of Volunteer Coordinator. Silke has been an active member of the Going My Way team since May, 2016 and has driven thousands of miles over hundreds of hours. This has given her the opportunity to meet many Village members, to hear their concerns and to understand the significance of the Village in their lives.

With a professional background as a Human Resource director for a non-profit organization, Silke is especially qualified to carry out the policies and procedures of our teams and serve as a liaison to the board.

Another important role in the Village organization is newspaper journalist. Judy Cummings has taken over that position with admirable skill. Before retirement, Judy held positions as manager of multiple therapy programs and administrator of a specialty rehabilitation hospital for catastrophic injuries.

She has been a Senior Village volunteer for two years and serves on three teams: Going My Way, Membership and Support. We are fortunate that Judy also shares her writing talents with Senior Village. We can look forward to upcoming topics ranging from interviews with members and volunteers to informative research on health and maintaining independent living.



Silke Bender,  
Volunteer Coordinator



Judy Cummings,  
Journalist

### Ask The Village...



**QUESTION:** My husband and I are members of the Village. He is able to drive. Am I still eligible to request a volunteer driver for myself?

**ANSWER:** Yes, we realize that sometimes a spouse may not be available to drive a wife/husband. Your membership in the Village entitles you to six services a month or eighteen requests a quarter for each of you. Our volunteers are happy to take up the slack when a spouse is not available to provide the transportation.

### 2019 Dues Invoices Will Be Mailed in November

As it gets closer to the end of the calendar year, members begin to phone the Village with questions about how and when to pay next year's dues. Once you receive your 2019 dues notice in the mail, you may send your check to the address provided. Dues will remain the same for the coming year: \$48 for a single membership and \$60 for a household. This entitles you to 18 Village services per quarter or 72 per year.

## Senior Village Stats: April-September, 2018

<b>Current Members</b>	<b>493</b>	<b>Home Projects</b>	<b>217</b>	<b>Driving Requests</b>	<b>297</b>
<b>Current Volunteers</b>	<b>160</b>	<b>Lock Boxes</b>	<b>44</b>	<b>Miles Driven</b>	<b>11,071</b>
<b>Current Patrons</b>	<b>119</b>	<b>Social Activities</b>	<b>61</b>	<b>Volunteer Hours</b>	<b>2,146</b>

### In Appreciation of Our Patrons

Thanks to all our generous and supportive patrons including those this year who donated to Senior Village through the Arizona tax credit option which offers up to \$400 credit for a single or \$800 tax credit for a couple filing jointly. We acknowledge with gratitude our recent donors:

Jim & Bonnie Barker	Robert and Felicia Bloom	Pat Broers
Mike Collins & Shirley St. James	Virginia Dial	Pat Gabric
Gerald Goode	Robert Unchur	James Weiss
Larry Wilhelm		

### Board of Directors, Coordinators, Team Leaders

#### Officers

President	David Loendorf
Vice-President	Jet George
Vice-President	Sandy Morse
Vice President	Stephanie Thomas
Vice-President	Mardie Toney

#### Coordinators

Technology	David Loendorf
Volunteers	Silke Bender
Training	Susan King, Joan Stewart

#### Team Leaders

Administration	Mona Sullivan
Community Relations	Mardie Toney
Dispatch	Shawne Cryderman
Friendly Contact	Peggy Ogier
Fun with Friends	Lois Violanti
Going-My-Way	Alice Cruse, Cheryl Smith
Helping Hands	Randy Zimmerman
Lockbox	JoAnne Sanden
Membership	Karen Jahn
Publicity	Stephanie Thomas
Support Team	Sandy Morse

**Senior Village at SaddleBrooke, Inc. is a non-profit, tax exempt corporation that qualifies to receive Arizona tax credit donations. Our mission is to provide simple non-medical services to residents of SaddleBrooke to help them "age in place" and remain here in the familiar surroundings of their own homes as long as possible.**

**For information about Senior Village, go online to: [www.seniorvillageatsaddlebrooke.org](http://www.seniorvillageatsaddlebrooke.org) or phone 520-314-1042. To become a Member, Patron or Volunteer, visit our administrative site at: [www.svatsb.org](http://www.svatsb.org)**

