

Senior The Village Voice

April, 2016

SaddleBrooke, AZ

Senior Village at SB, Inc.

So much has happened in the last few months we wanted to get the word out to all our Members, Friends, Patrons, and Volunteers. This first issue we're concentrating on information. Later we'll try to make it prettier! Enjoy. The Senior Village Board

Senior Village at SaddleBrooke is all about “in-reach”, focusing on our residents. Our trained volunteers live here in SaddleBrooke and SB Ranch. We offer our services only here. Helping SaddleBrooke and SB Ranch residents live longer and more independently in the comfort of their own homes is what we do! Neighbors helping neighbors. We'll be here for you when you need us.

No dues are required this year (thanks to a generous gift by a SB resident) and will be held as low as possible in future years. All it takes is one phone call (520-314-1042) to become a member and receive our services. If you have a neighbor whom you think may benefit from our services, please share this bulletin with them.

The Village People (our volunteers) have been extremely busy. We're excited to have over 135 (and growing) dedicated volunteers who are ready to “be there for all of us, whenever the need arises”. **Peggy Ogier** is our Volunteer Coordinator and will guide you through the training steps and help you pick a service team(s) to work with (Going My Way, Helping Hands, Friendly Contact, and more). A painless background check is the last step of the process. All this is necessary to keep our large insurance bill from becoming a huge insurance bill.

Jet George, our fantastic Training Coordinator, has been presenting to packed houses. The basic volunteer orientation is almost caught up, so now we are in the midst of team training. We hope to have several more training sessions of all types before we break for the summer. If your training is not yet complete, keep an eye on the Training page of the web site for the latest schedule. If you miss it, we'll be starting again after the summer when the snow birds return.



COMMITTEES

Membership: **Stephanie Thomas** is heading up this team of 15+ volunteers. The first intake registration was conducted on February 29th of this year and soon thereafter a membership team was formed. The original team of nine has grown to 15 in order to handle the surge of interviews following the tubing of flyers for the entire community. We're at 75 now and rapidly heading for 100. Way to go, Membership Team! And the "Village Tubing Team"!



Membership has been "spreading the word", and the response here in SaddleBrooke is very encouraging. Residents have hosted five in-home gatherings for friends and neighbors to hear about the “Village”. We've spoken at several unit and club meetings i.e., Rotary, Singles Club, Men's putters, Grief Support,

Women On Our Own, Bridge groups and others. Physicians at our local Northwest Allied Medical clinic strongly support what the Village is doing. They've accepted our information cards to pass out to their patients as well as displaying Senior Village flyers in their waiting room. As you can tell, we are off to a successful start on building our Village here in Arizona – one of 36 states where The Village Movement is happening, with more to come!

Please call 520-314-1042 to tell us about your club you'd like us to speak to or offer to host an in-home gathering to share our services to all our neighbors. We need your help to bring our services to those who are less socially active or less mobile. Please join us as "neighbors helping neighbors."

Friendly Contact: **Peggy Ogier's** team is calling members who have requested a brief morning check-in call, plus longer social chats in the afternoon. Home visits provide contact with members who need someone just to talk to or play cards with or even enjoy a movie together. Social isolation can be a big problem as we age and this team serves such a great purpose.

Going My Way: **Ron Bechky** has a team of volunteers who transport members to medical appointments, to the store for groceries or prescription pick up, hair appointments, and other errands. They are also accepting requests for rides to meals and social events, primarily here in SaddleBrooke. Like all our services, this will evolve depending on the requests from our Members.



Helping Hands: **Jack Stebe** is that handyman we all love! He and his team can assist with those chores that we have difficulties with as we age such as changing a high light bulb, moving heavy boxes or furniture, flipping a mattress, etc. The task list is evolving -- when in doubt, ask!

Lockbox Installation: A \$65 fee goes to Golder Ranch Fire District for the lockbox. Installation by the Village is free for ALL residents (not just Members). A lock box allows emergency personnel to quickly and securely access your home if you fall or have other medical conditions and can't answer the door. Call the Village at 520-314-1042, or call **Nancy Springer** directly at 520-818-0754.

Donations: The support of the SaddleBrooke community has been fantastic. It has enabled us to recruit, train, communicate, and provide services without being held back scraping for every penny. We have no salaries or rents, but we do have expenses -- insurance and background checks for all volunteers being by far the two largest ones.

If you'd like to make a **tax deductible** donation (every dollar raised stays right here in SB), please make your check payable to Senior Village at SaddleBrooke, Inc. and mail it to P.O. Box 8584, Tucson, AZ 85738. You can also donate online on our web site at

<http://www.seniorvillageatsaddlebrooke.org/>

And for more information, please call us at **520-314-1042**