



## Senior Village exists only because of Volunteers

By Sandy Morse

Did you ever wonder how Senior Village can provide all those fabulous services you've heard about? Just by calling 520-314-1042 and stating what you need and, bingo, a friendly volunteer calls you back and coordinates the service you need. Whether it's driving to the doctor, the store, or wherever, or it's to fix that leaky faucet, or maybe you're a little lonely and just need a visit and some friendly conversation. The Senior Village volunteers are there for you, ready and willing to help. But did you ever wonder who are these amazing people and why are they taking their time to help others?

Well, they are your SaddleBrooke neighbors, seniors just like you, who tirelessly devote hundreds of hours to make sure your needs are met. Currently we have 355 Senior Village members and 175 volunteers ... hmmm, if you do the math you'll soon realize that as our membership grows (and it continues to do so daily), our volunteer numbers must also grow to meet those needs. Just think what would happen if the volunteer numbers didn't increase but the membership did. It's scary to even think about it but in reality, we must for *without our amazing volunteers, there would be no Senior Village.*

Suffice it to say ... we need you! Yes you, who may be retired but still very active, you who has vast life experiences and skills, you who has the compassion and desire to simply help your neighbor, you who will reap the unbelievable joy from giving to others. Yes, you, who can truly make a difference and gain more from giving than receiving. As volunteer ..... says, "I feel energized, valued and appreciated; it's the best feeling in the world to know I'm making a difference and helping one of my neighbors, I just love it!"

If we use the philosophy of "paying it forward", any one of us may need a SV volunteer at any moment. Maybe you'd just had knee surgery and can't drive, or are in a wheel chair because of a broken ankle; maybe you don't have the strength to turn that mattress anymore, or gosh, your computer is driving you nuts .... enter a SV Volunteer. Whew, thank goodness for Senior Village. Now turn the tables and visualize it's you helping someone in this kind of situation. Wow, how great is that!!

So please, consider giving of yourself to help your neighbor, after all that's what makes SaddleBrooke the special place it is. Senior Village is truly Neighbors helping Neighbors, and we want YOU!!! Just call 520-314-1042 ... we'll get back to you with an update on the next volunteer training.